

Personal Identity; how important it is to have one & at the same time lose it.

How important or is it at all important to have an identity? As a species with acclaimed higher cognition in comparison to other, we love to identify things around us. It is an important and at the same time very interesting phenomenon in a society. Humans are like any other social animal loves to interact with others. Not only it is salient but also vital for the species survival. We live in complex social environment. We constantly require definitions to identify need, behaviour and feelings to express ourselves to the other beings around us. It is not only help us to survive but many times plausible and can also be the reason for conflict and war.

Prof. Feeney, Nobel Prize in chemistry, said "If I draw a chemical molecule using chemistry formula, every chemistry scientist around the world would immediately understand it. I do not have to speak Chinese or any other language to express myself". This shows how easy it is to express if we have an objective way of defining things (unique universal code to write chemical formulas). It becomes very difficult when we have subjective definitions, like feelings, judgement or expressions. To understand them we have to find some expressions that can lead to definitions and hence the identity. I give a try with my limited vocabulary, knowledge and experience I have.

It is going to be very tricky, an attempt to define definitions and expression for an expression. I can get easily lost and if you too get lost during the first few lines, I would recommend to skip the next two paragraphs. But let's try! The core definition

or I would like to call intrinsic definition are present in every living and non-living article/cell (can also be represented as total internal energy). The other definitions could be termed as extrinsic definitions. This could be including any other factors that can generate change in the state of the intrinsic definitions. For example basic character and need of a living cell at given time 't' could be explained as intrinsic; example, requirement of oxygen and glucose. On the other hand, a stress and change in temperature of the external environment leading to change/adaptation of living cells need would be definition of extrinsic definitions. Hence, at a given time we are the representation of intrinsic definition modulation, which can also be called as personal identity.

Now we have some kind of definition for personal identity, let's give another try. If we want or not, certain intrinsic identities are hard wired in us. It is next to impossible to avoid our intrinsic character/identity at a given time. For example: at time 'zero', the genetic makeup of the cell defines the possible future presentation/identity at time 't'. This sounds deterministic and leaves no space for free will. let's keep this for another **Blog**. Coming back to the point, for example, - certain living cells require glucose and oxygen. without such ingredients it is impossible to have the cell living and moving from time 'zero' to time 't'. Hence, it is embedded in the intrinsic definition and later would define the behavior of the cell. Now it is also important to consider that we are in continuous movement of time. This means that the factors that defines the intrinsic definitions are also function of time and changing with it. Therefore such changes can be

adapted into the intrinsic definitions over time and represent intrinsic definition modulation on personal identity.

An interesting example of a birth of a human child; the development of a baby starts with a fusion of a sperm and an egg. The fused cells give birth to a cell that starts dividing and developing. At what time/moment the cell becomes an identity? Or generate the ability to make decisions and definitions to form unique personal identity? It is interesting to note that while the cell developing, it is consuming glucose, oxygen from another identity, the mother. Hence the cell is conditioned to the changes and decisions made at the time 't' by the mother. Or the stress, happiness, hormonal level could very well change/affect the intrinsic identity of the cell at the given time. At the end it is important to take home that it is very hard to escape from personal identity. At this moment, I think, the personal identity takes its birth when we question if it exists.

Let's leave the definition part of the personal identity and try to understand how important it is to have certain identity and can we ever escape it? First of all, I think, I have generated enough argument to explain that it is almost impossible to not be able to define an identity, like can do it the time we ask for it. Now how important it is to lose it? Or forget about it?

Let's take the same example, birth of a human child; to bring a new life on to this earth two individual identities (sperm and egg) have to lose their personal identity (as embed) and form into unique mixed third identity. It would be impossible

if either of the earlier identities (Sperm or egg) behave possessive and protective about its personal identities or ignore to sacrifice or adapt it. This example can be implicated metaphorically on the human behaviour, the final output of the identity.

The escape from personal identity gives birth to new developments, new discoveries, intelligence, respect, patience and love. I think, the personal identity is many times representing the **Ego**. Ego makes us possessive, rigid and hateful. We become deaf while we have functioning ears. We start fighting while the whole world loves.

Ego is not bad until it passes the threshold of self-respect. Similarly, personal identities also have its colors that require to be protected. If not protected, we will never appreciate the uniqueness, the beauty and hence the escape from it.

What would be an ideal escape from the personal identity? Like white light, which includes wavelength of all colors and still keeps its unique identity. We have to see personal identity as the expression or representation of multiple identities. To find the right balance to switch between different modes of losing and gaining personal identity can give us the opportunity to build a universal identity. An identity, which ~~exist~~ but also at the same time do not exist. An identity, which is part of everything and at the same time, also ~~exist~~ on its own. Identities that cannot be compared as it contains all the possible identities but also provide solution when needed. Such identities become leaders, godheads and hence become the universal identities that are independent of time!